

Future living and support options for people with learning disabilities living with older family carers in Oxfordshire: Older Family Carers Questionnaire

Before completing this form you may wish to refer to the 'Jargon Buster' section at the end of the questionnaire. If you do not know the answer to any of the questions – that is fine as we can learn useful things from this too!

Section A: About your family member

Please tick appropriate boxes

1. How old is your family member?

2. Has your family member had a Fair Access To Care Assessment?

Yes

No

Don't know

3. If your answer to the question above is Yes, at what level of need were they assessed as having?

Critical

Substantial

Moderate

Low

Don't know

4. Has your family member been offered a Direct Payment or an Individualised Budget?

Yes

No

5. If your answer to the above question is Yes, is your family member in receipt of a Direct Payment or Individual Budget now?

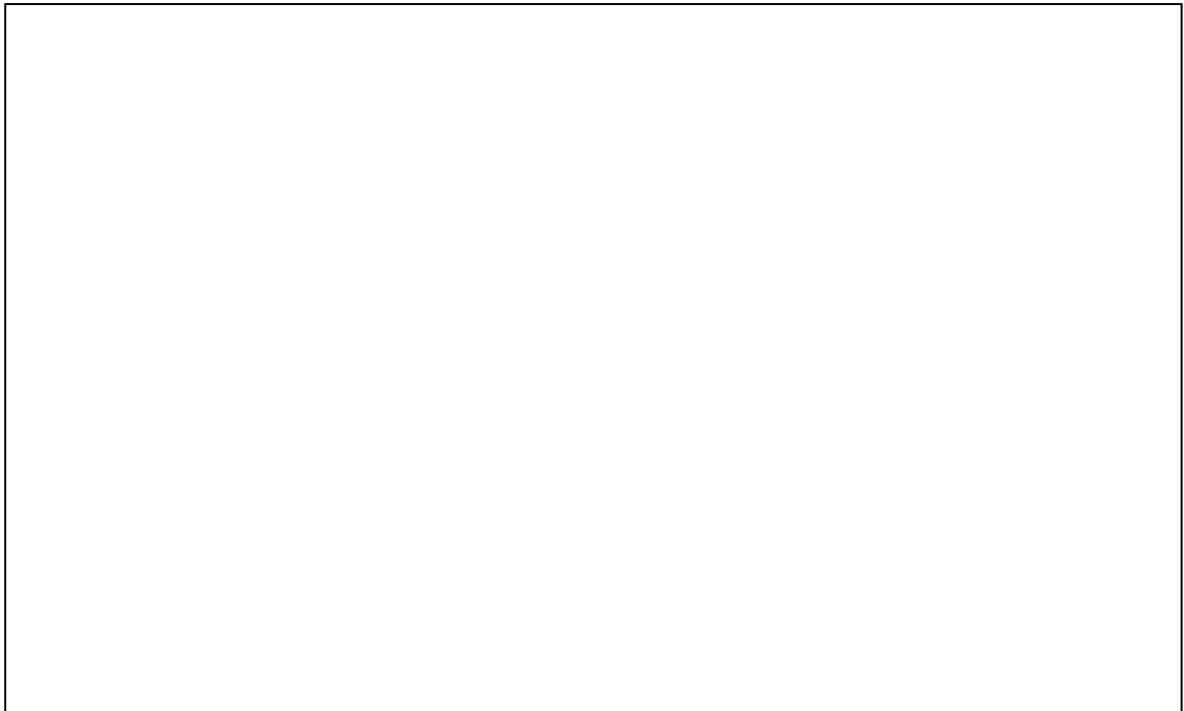
Yes

No

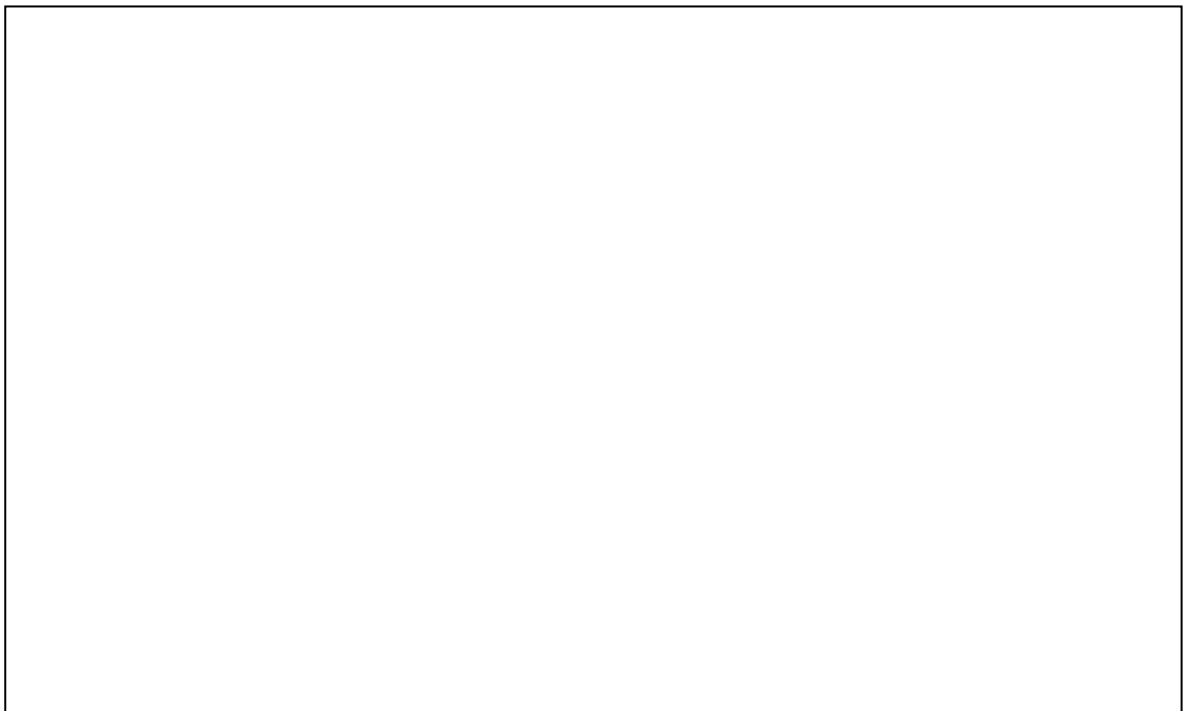
6. Does your family member express their own opinions about where they might like to live and with whom in the future? If you believe so, please give a brief outline of their desires:

7. Has your family member been offered alternative living and support arrangements? If the answer is Yes, please give a brief outline of what was offered (e.g. residential living, supported living, choice of care provider, traditional funding arrangements or a direct payment/individual budget etc.) and the outcome of any offer:

8. What support do you think your family member would like/need in order to prepare for a move into a new home? Please give a brief outline:



9. What kinds of support, if any, does your family member receive from other family members, friends, neighbours, care providers, respite care, health professionals etc.? Please give a brief outline:



10. When people live together for long periods of time, they tend to help each other out. What sort of help, if any, do you receive from your family member?

Cleaning	<input type="checkbox"/>	Cooking	<input type="checkbox"/>	Shopping	<input type="checkbox"/>
Personal Care	<input type="checkbox"/>	Getting out of bed	<input type="checkbox"/>	Other – please specify:

Section B: Person Centred Planning

11. Does your family member have a person centred plan that sets out:

- ✓ How he/she communicates
- ✓ What is important **to** him/her (people to be with, places to go, rituals and routines, possessions etc.)
- ✓ How he/she likes/needs to be supported with his/her personal care and daily living needs
- ✓ What's important for him/her in order to stay safe
- ✓ How to keep him/her health, including a Health Action Plan

Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
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12. If you answered Yes to the above question, are you happy that it is being kept up-to-date and used by everyone supporting him/her as it is intended, or do you feel that it is being ignored? Please give a brief explanation of your opinion:

13.If your family member does not have a person centred plan, would you like the support to develop one for him/her?

Yes No

Section C: About You

14.What age range do you fall into?

60-70 70-75 75-80 80-85 85+

15.What are the first letters of your postcode (e.g. RG4, OX14)?

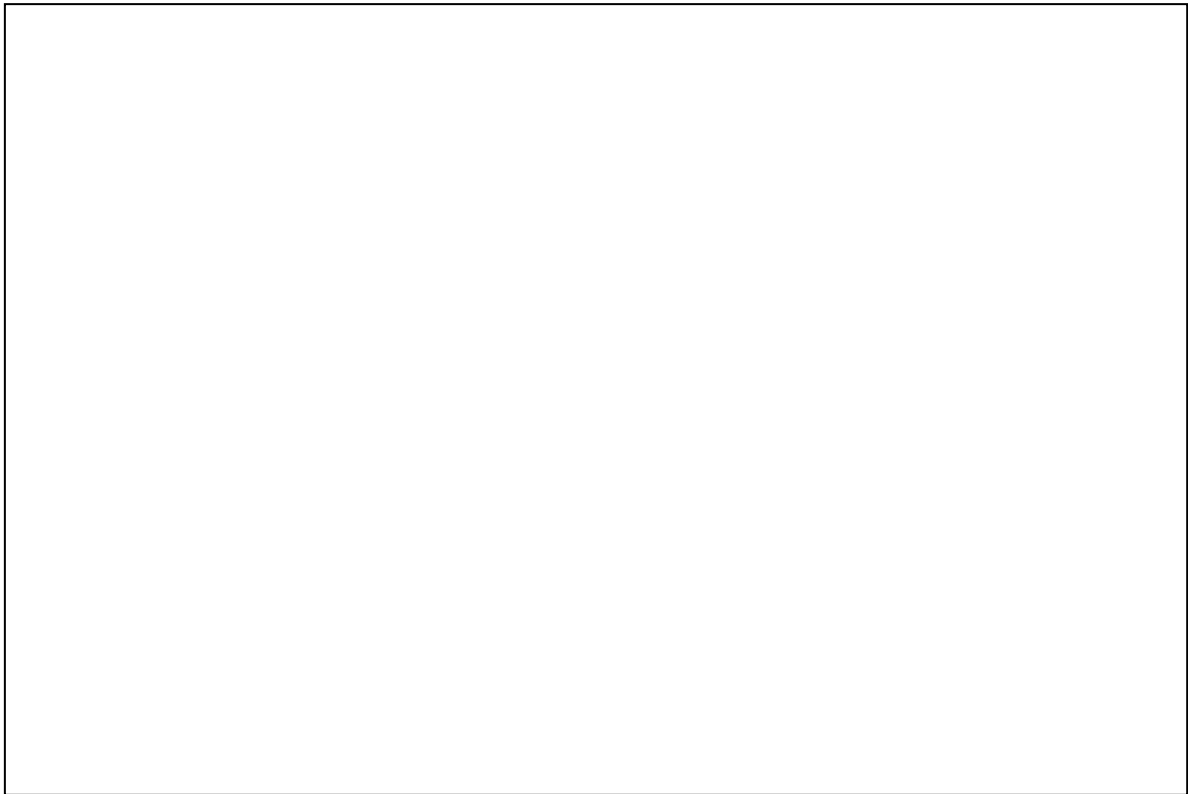
16.Do you have an up-to-date assessment of your needs (this is known as a Carers Assessment)?

Yes No Don't know

17. If you answered No or Don't Know to question 16, would you like help to obtain an up-to-date Carer's Assessment?

Yes No

18. If you have previously had an assessment but it is not up-to-date, In what ways have your circumstances changed since the last assessment?



Can you outline what help you feel you need now?



19. If you have answered Yes to question 16, and you have an up-to-date Carer's Assessment, are you getting all the help that it says you should?

Yes

No

If Yes, can you give a brief description of the help you receiving?

If No, please outline what it says you should have but are not receiving – and also why you think you are not receiving it:

20. Do you have an Emergency Care Plan?

Yes

No

Don't know

If you answered Yes and the plan has had to be put into practice, please provide a brief explanation of the reason for this. Also, please indicate whether the outcomes were satisfactory for both your family member and yourself:

If you do not have an Emergency Care Plan in place, would you like help to arrange for one to be written?

Yes

No

21. What systems, if any, are there in place to help you in your caring role? (e.g. help from family, friends, neighbours, respite care etc.)

**22. How do you feel about continuing with your caring role now?
Please give a brief outline below:**

**23. If you would like more support to continue with your caring role,
what support do you need? Please give a brief outline below:**

**24. How long do you think that you will be comfortable in continuing
with your caring role?**

Up to 6 months

6-12 months

12-24 months

2-3 years

3-5 years

5-7 years

7-10 years

10 years +

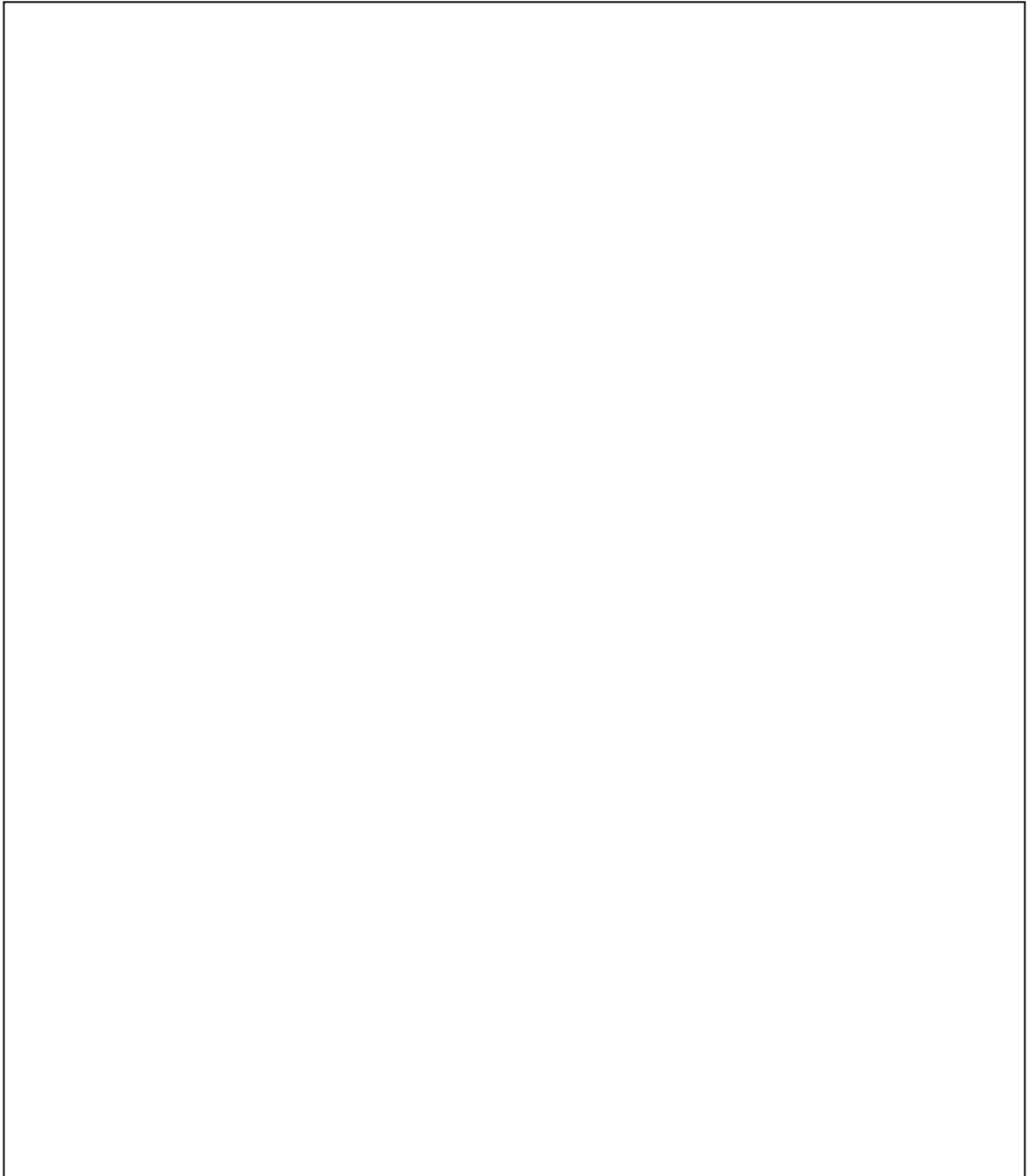
25. What are your future hopes and needs for yourself?

26. How would you like your family member to be cared for in the future?

27. Geographically, in what area would you like your family member to be living in the future? Please say where and reasons for this choice:

28. What is your understanding of 'self directed support'? This is a new way of delivering adult social care that is being tried out in Oxfordshire. Please give a brief outline here:

29. Please use this space tell us anything else that you would like us to know in relation to your family member's future living and support options and your current caring role that hasn't already been discussed above. *Please attach further sheets if required.*



Finally, we wish to remind you that this research is being carried out by family carers at the request of family carers. As such we would like to thank you for taking time out of your busy caring lives to complete this questionnaire. Please now send your **completed questionnaire** and your **signed consent form** in the pre-paid envelope to:

Barbara Coles, Streams, Dog Close, Adderbury, Oxon. OX17 3LJ.

Jargon Buster

Carer's Assessment - if you care for a person with a disability, you can ask for a Carer's Assessment. To work out what support would be most helpful, the Local Authority would need to discuss with you:

- the help the person you care for needs
- the help you are providing or you intend to provide (e.g. for the person following discharge home from hospital)
- the help you require to maintain your caring role
- the help Social & Community Services or other services may provide
- your wish to work, undertake training/education or leisure activities

To find out more about Carer's Assessments, please visit: www.oxfordshire.gov.uk or telephone 0845 050 7666.

Direct Payments & Self-Directed Support - if you have been assessed as eligible for council services, your care manager should give information about direct payments and self-directed support. Direct Payments are cash payments the Local Authority can give you instead of giving you a traditional service. Self-Directed Support is a different way of getting the support you need – and puts you in the driving seat. You spend the money on getting the support you want to meet eligible needs that have been agreed as part of your assessment. This enables you to have more choice and control in how you are supported (e.g. you can choose your care provider and decide when and how you will receive your care). To find out more about Direct Payments and Self-Directed Support please visit: www.oxfordshire.gov.uk and www.takingcontroloxon.gov.uk or telephone 0845 050 7666.

Fair Access To Care Service - the aim is to make sure that all decisions on who receives care and support are made fairly, openly and consistently. Decisions must be reached only after looking at what each person needs, whatever their age, gender, race, religion, illness, disability, or living or care arrangements. Each council has set up its own criteria to make sure help is allocated fairly and to those in greatest need. After completing a 'needs led' assessment, your assessed needs are measured against a risk threshold for services:

- **Critical** – There is a risk of major harm to a person or major risks to independence
- **Substantial** – There is a risk to independence. Harm or danger may occur either now or in the next three months
- **Moderate** – Risk to independence/harm or danger either now or in the next 12 months
- **Low** – There is a low risk to independence

If your need falls into the critical or the substantial category, Oxfordshire County Council will provide the services necessary and aim to reduce risk as far as possible. The person needing support will be financially assessed to see if a contribution to the cost of the care is required and, if so, how much will have to be paid. For more information about Fair Access To Care Services please visit: www.oxfordshire.gov.uk or telephone 0845 050 7666.

Person Centred Planning - is about people getting a life - and not just a service. It means that the person is at the centre of planning their life. It is a process of continual listening and learning: focused on what is important to someone now, and for the future, and acting upon this with their family and friends. To find out how families can get involved in Person Centred Planning please visit: www.familiesleadingplanning.co.uk or telephone 07780 675197.